



LIGHTER FARE

SPLENDID

Two choices from Level A
Two choices from Level B

A

Sesame pasta – linguine with pea pods, red peppers, carrots with sesame dressing

Pasta primavera – imported pasta with cut vegetables and dill dressing

Orzo and broccoli salad – feta cheese and toasted pine nuts mixed with fresh basil

Fresh fruit salad – seasonal fruit sliced with mango and mint

Green bean salad – chickpeas, red onion, tomatoes, and balsamic dressing

Rice salad – peas, red peppers, and mint dressing

Salad of mixed greens – cut vegetables with
Struck dressing or choice of vinaigrette

Lily's potato salad – carrots, celery, egg with mayonnaise dressing

Red cabbage slaw – fennel, apples, caraway, cider maple dressing

Marinated potato salad – red onion, celery with apple cider dressing

Southwest black bean & corn salad – mixed with red peppers and cilantro dressing

Panzanella Salad – classic salad - chopped tomatoes and foccacia bread with a herb vinaigrette

Marinated mushrooms – flavored olive oil and herbs

Israeli couscous salad – grilled pineapple, pea pods, almonds and citrus dressing

SENSATIONAL

Three choices from Level A or B
One choice from Level C

B

Baby green salad – orange rounds, crumbled goat cheese, red onion and citrus vinaigrette

Baby spinach salad – baby tomatoes, black olives, red onion, feta cheese, pita croutons with lemon mint dressing

Classic Caesar salad – garlic croutons parmesan cheese

Vine tomato & fresh mozzarella salad – with basil, olive oil and chopped basil

Chopped salad – layered turkey, tomato, cheddar cheese, lettuce, onion and crispy tortilla croutons

Small sandwiches – pistachio chicken, roast turkey, roast beef, smoked turkey, tuna, and ham salad

Sandwich wraps – turkey, roast beef, smoked turkey, chicken Caesar, ham & cheddar

Savory tarts – asparagus and shiitake mushroom; apple pear and bleu cheese; brie; tomato and basil; New England cheese

Quesadilla – grilled chicken with spinach, black beans and smoked pork or grilled vegetables

White bean salad – with Genoa salami, capicola, fennel, red pepper, olives, lemon-roasted garlic dressing

Torta Rustica – layers of roasted vegetables and Italian cheese encased in pastry dough

Antipasto salad – mixed greens topped with Italian meats, mozzarella, artichoke hearts and marinated vegetables

SOPHISTICATED

Two choice from Level A or B
Two choices from C

C

Asparagus and chicken salad – sliced chicken, asparagus, and carrots with tarragon dressing served on a bed of mixed greens

Pistachio chicken salad – diced chicken, grapes, pistachios with creamy sour cream – mayonnaise dill dressing presented on a bed of greens

Italian stuffed flank steak – prosciutto and herb filling, touched with a balsamic glaze on a bed of greens

Grilled chicken Napa cabbage slaw – with sundried fruit and creamy cinnamon honey dressing

Small Maine Crab salad sandwiches

Smoked chicken tortilla salad – avocado, tomatoes, cucumbers, red onions with cilantro dressing over a bed of greens topped with fried tortilla strips

Grilled shrimp – romaine, oranges, caramelized grape tomatoes, croutons, rosemary-garlic vinaigrette

BBQ rhubarb glazed bistro steak – sliced thinly served on a bed of crunchy seasonal vegetables

Mango coconut rice salad – with grilled baby shrimp

House smoked turkey breast – served with rolls and grape mustard

Smoked salmon – tossed with pasta, black olives, sweet peas, cucumber with Dijon dressing

Roasted Mediterranean spiced lamb salad – with minted pea couscous and feta cheese